

Winterys Soccer

5v5 PRSL Rules of Competition (Outdoor 5v5 Soccer)

FOULS AND MISCONDUCT – FIFA Rules

5v5 - No Goalkeepers

Goals: 4ft high x 6ft wide

Duration of the Game - two 20 minute halves + 5 minute break half time

Must have valid 2024/2025 Player Cards (US Club or Cal South/USYS)

Rule 1

OUTDOOR/FIELD All competitions shall be governed by the Rules as stated herein in all cases where they are applicable. All members of PRSL shall be governed by these Rules of Competition.

Rule 2 FIELD OF PLAY

2.1 Dimensions

a) The following specifications are applicable to all 5v5 competitions administered by PRSL.

b) The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line. The maximum length is 40 yards and the maximum width is 25 yards. Interior markings consist of a goal kick area (5 yard line drawn from sideline to sideline).

In case permanent goals are not available, flags or cones may be used to mark the goals and corners.

See drawing below. 2.2

Game Postponement A game may be postponed at the field site if weather conditions are too hazardous for play. Extreme weather includes lightning, snow or ice on the ground. Rain is not a reason to postpone play. In case of a postponed game, the PRSL Coordinator has the ability to reschedule the game as long as it does not conflict with the remainder of the season.

2.3 Team Responsibilities All teams are responsible for the cleanup of the fields after each game. Please do not leave garbage on the sidelines.

2.4 Game Duration and Ball Size 5v5:

Two 20-minute halves with a 5-minute halftime break; a size 4 ball will be used.

2.5 Number of Players Teams shall have no more than 10 players on the roster and 5 players on the field, 3 players minimum to start a match. (5 minute grace period) running clock.

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2.6 Substitutions

Substitution Limit: None

- a) : "Flying substitution" (all players may enter and leave as they please; Players can leave the field anywhere but must enter from the HalfWay Line substitution zone.
- b) Players not on the field of play must remain two (2) yards behind the touchline and not within the distance of the goal area from the corner of the field.
- b) No players, parents, or spectators may be allowed to stand behind the goals.

2.7 Player's Equipment

- a) All players shall wear shin guards. Socks must be worn up and over the shin guards.
- b) A player must not use equipment or wear anything which is dangerous to himself or another player (including any kind of jewelry). NO JEWELRY.
- c) All players shall be in the same matching color uniform to play for their team.
- d) Standard approved soccer shoes or gym shoes shall be worn by all players. A player may not play in their bare feet. Shoes with toe cleats will not be permitted.
- e) A player shall not wear anything that may be dangerous to other players or themselves.
- f) Referee discretion may be used to determine if an item of protective clothing is considered to go beyond the purpose of providing a means of retaining body heat.
- g)The referee's judgment shall be the final determining factor.

2.8 Officiating

- a) 5v5: It shall be the duty of the referee of the game to encourage clean competition and good sportsmanship at all times and to enforce the rules and regulations of the league.

2.9 The coach is responsible for his own behavior as well as that of his players, parents and spectators on his/her side of the field. Coaching must be done in a civil manner and the tone of voice will be informational and encouraging, not demanding or critical.

2.11

Field Boundaries 5v5:

Each team, its coaches, players and spectators shall be on opposite sides of the field. The designated home team shall have a choice of sides. Both teams should never be on the same side of the field. Coaches and other team officials shall not enter the field unless requested to do so by the referee.

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THE RULES OF PLAY

3.1 Start of Play

a) The ball will be placed at the center of the field by the referee and the game will start with one player taking a kick into the opponent's half of the field, after a given signal by the referee. At the time of the kickoff, every player will be in his/her half of the field. Every player of the opposing team, to that of the kicker, shall be 5 yards from the center mark.

b) The ball is in play when it is kicked and moves forward. The kicker shall not play the ball a second time until it has been touched or played by another player.

Punishment: For any infraction of these laws the indirect freekick will be awarded to the opposing team.

3.2 Restart of Play

a) After a goal has been scored, the game shall be restarted with a kick off by a player of the team that gave up the goal.

b) To start the second half, the game will be restarted with the kickoff by a player of the opposite team to that of the player who started the game.

c) Restarting play after temporary delay: In the case of a temporary suspension due to an injury or any unusual situation, if one team is clearly in possession of the ball, the game shall be restarted by an indirect free kick by the team in possession of the ball at the point where the ball was when play was suspended. Should there not be clear possession at the time play is suspended due to an injury or any unusual situation, there will be a drop ball at the spot where the ball was declared dead. The ball shall be deemed "in play" when the ball has touched the ground.

3.3 Ball in and out of Play

a) The ball is out of play when the whole ball has crossed the goal line or whole touchline, whether it is on the ground or in the air.

b) The ball is out of play, when the referee has stopped the game.

3.4 Method of Scoring

a) A goal is scored when the whole ball has crossed the entire goal line on the ground or in the air between the goal posts (flags) and under the crossbar (height of the flags). b) In the event that cones are used for markers, the height of the crossbar will be determined by the height of the goalkeeper's shoulders.

3.5 Offside Rule

The offside rule will not apply for 5v5.

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3.6 Fouls and Misconduct

a) Kicks: Free kicks shall be classified under two (2) headings: "Direct", from which a goal can be scored by a direct kick against the offending side and "Indirect", from which a goal cannot be scored unless the ball has been played or touched by a player other than the kicker before passing through the goal. The opponent must be 5 yards away before the ball is kicked.

b) NO DIRECT KICKS WILL BE AWARDED AT THE 5v5.
ONLY INDIRECT KICKS WILL BE USED.

c) Penalty kicks will not be awarded.

d) Slide tackling will not be allowed.

e) If a penal foul is committed in the goal area, one of the fouls that normally would receive a Direct Free Kick, the ball shall be placed on the goal area line closest to the foul. An INDIRECT FREE KICK is then taken from there and players may be inside the goal area.

3.7 Kick-ins - kick in's will be taken in place of the throw-in.

FREE KICK/KICK-IN – distance from the ball – 5 yards. All kick in's are indirect kicks

a) When the whole of the ball passes over the whole touch line, either on the ground or in the air, it shall be put back into play by a kick-in. The kick-in shall be taken from the point where it crossed the line, by a player of the opposing team.

b) The player doing the kick-in may not play the ball until another player has touched it. If that player plays the ball a second time before another player has touched it, an in-direct kick will be awarded to the opposing team.

c) A goal shall not be scored directly from the kick-ins.

3.8 Goal Kicks

a) When the whole of the ball passes over the whole of the goal line.

b) A goal kick may be taken from anywhere inside the goal area.

c) Any player may take the goal kick.

d) The kicker shall not play the ball a second time until it has been touched or played by another player.

e) A teammate may play the ball within the Penalty Area..

f) A goal may not be scored directly from a goal kick.

g) The opposing team must be 5 yards away before the ball is kicked.

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3.9 Corner Kicks

- a) When the whole of the ball passes over the whole of the goal line excluding that portion between the goal posts and under the crossbar, (either in the air or on the ground), having last been played by one of the defending team, a player of the attacking team shall have a corner kick.
- b) The ball shall be placed within three (3) feet from the corner flag or cone and shall be kicked into play from that position by an attacking player.
- c) A goal may-not be scored directly from a corner kick.
- d) Players from the opposing team to the kicker shall not approach within the distance of the center circle measurement (5 yards) of the ball until it is in play.
- e) If the player who takes the kick plays the ball a second time before it has been touched by another player, the referee shall award an indirect kick to the opposite team from a spot where the infringement occurred. For any other infringement the kick shall be retaken.

3.10 Miscellaneous Rules

- a) All the Free Kicks are DIRECT. Penalty Kicks will be taken
- b) SLIDE TACKLING – There is no slide tackling allowed. Any slide tackle that makes contact with a player is a minimum yellow card.
- c) Coaches, their assistants or spectators are not allowed on the field of play during the game unless permission is given by the referee (in case of emergencies or unusual situations).

SPORTSMANSHIP

Players, coaches and spectators are expected to act in the nature of good sportsmanship at all times.

Abuse of the referees will not be tolerated.

Abuse of language will not be tolerated.

Any physical altercations will not be tolerated.

Any instance of such conduct mentioned above will lead to ejection without refund for the offending player/team.

Playoffs procedure- TBD at later date

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